

MIDCOAST DISTRICT:

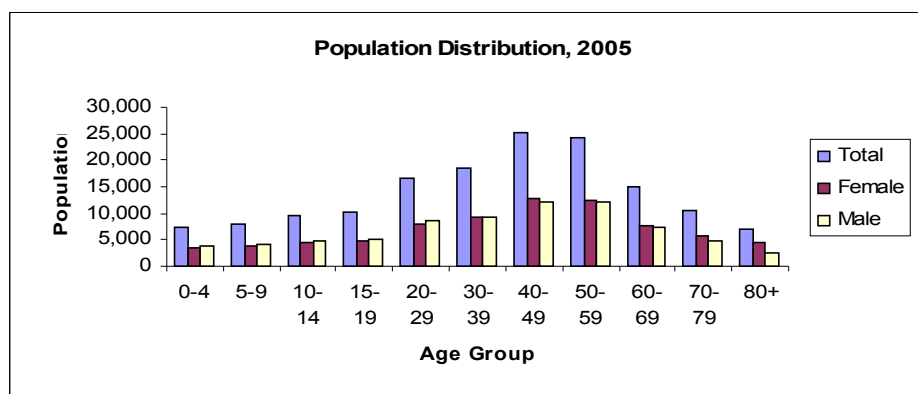
Demographics

Population

The distribution of age, race, and gender in a population is a basic consideration in defining public health priorities, as many health behaviors and outcomes differ by these factors.

	Midcoast District Number	Midcoast District: % of Maine	Maine State
Total Population	151,882	11.5%	1,321,574
Population Density (People/Square Mile)	84.1	N/A	42.8

Source: 2006 US Census



Source: 2005 U.S. Census

Population Distribution by Age Group in District and State

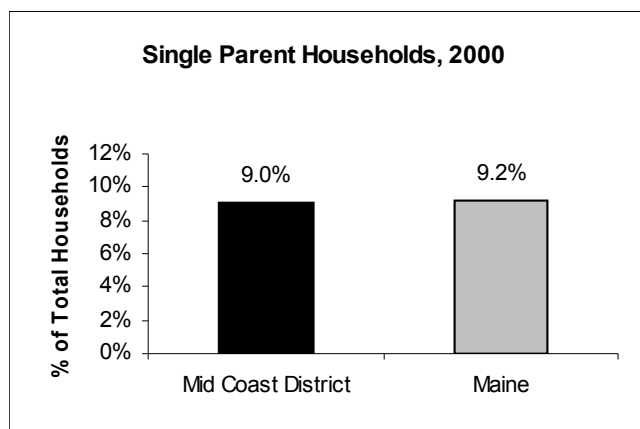
Age Group:	0-4	5-9	10-14	15-19	20-29	30-39	40-49	50-59	60-69	70-79	80+
District	4.8%	5.3%	6.2%	6.6%	10.9%	12.2%	16.5%	16.0%	9.9%	6.9%	4.6%
State	5.1%	5.4%	6.3%	7.1%	11.9%	12.5%	16.8%	15.0%	9.1%	6.5%	4.2%
District	7,375	7,998	9,504	10,112	16,528	18,616	25,059	24,329	15,036	10,499	7,070
State	67,660	70,765	82,808	93,788	157,810	165,590	222,643	198,710	119,780	86,241	55,710

Source: 2005 U.S. Census

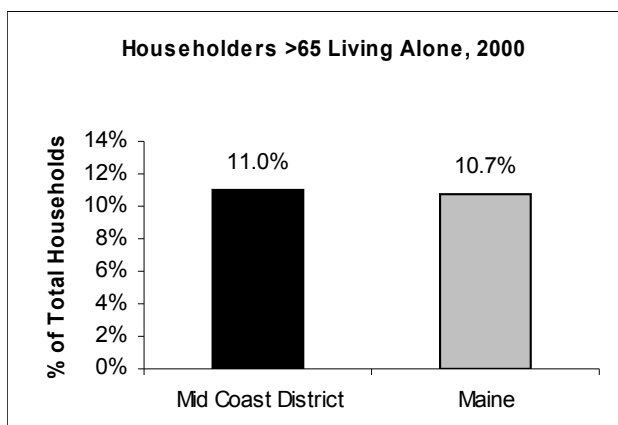
Race & Ethnic Distribution in District and State

	White	Black	American Indian & Alaskan Native	Asian	Native Hawaiian & Other Pacific Islander	Two or More Races	Non-Hispanic	Hispanic	Franco-American*
District	98.1%	0.5%	0.3%	0.4%	0.0%	0.7%	99.0%	1.0%	17.4%
State	96.9%	0.8%	0.6%	0.8%	0.0%	0.9%	99.0%	1.0%	22.8%
District	149,239	710	438	607	27	1,105	150,660	1,466	19,132
State	1,280,776	9,946	7,293	10,893	455	12,142	1,308,460	13,045	291,272

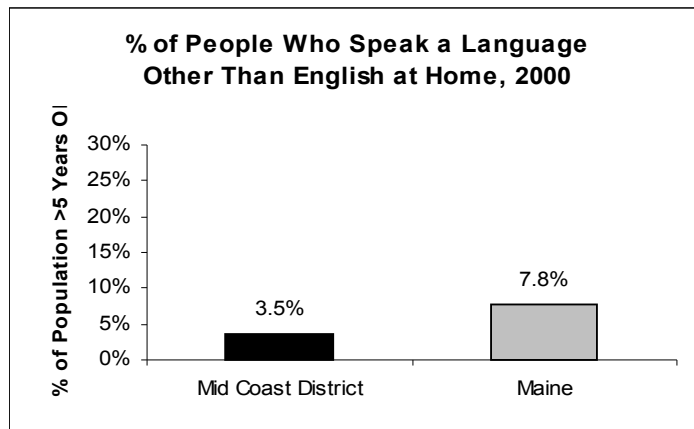
Source: 2005 U.S. Census, *2000 U.S. Census



Source: 2000 U.S. Census



Source: 2000 U.S. Census



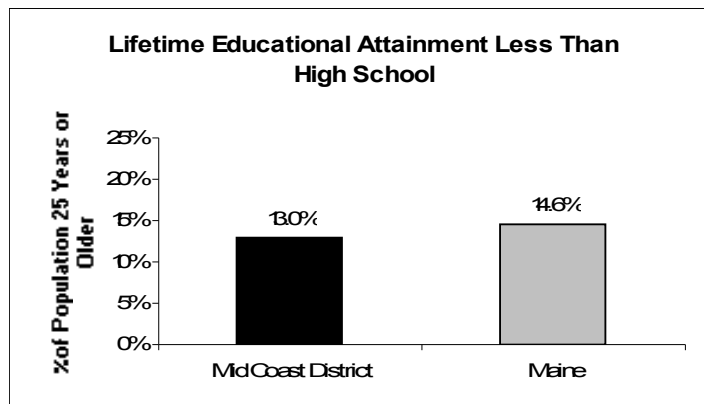
Source: 2000 U.S. Census; % among people >5years

	Midcoast District Number	Midcoast District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Total Households	59,609		
Single-Parent Households (With Children <18)	5,372	9.0 (±0.2)	9.2 (±0.1)
Householder >65 Living Alone	6,549	11.0 (±0.4)	10.7 (±0.1)
People (>5 Years Old) Who Speak a Language Other Than English At Home	4,798	3.5 (±0.1)	7.8 (±0.1)

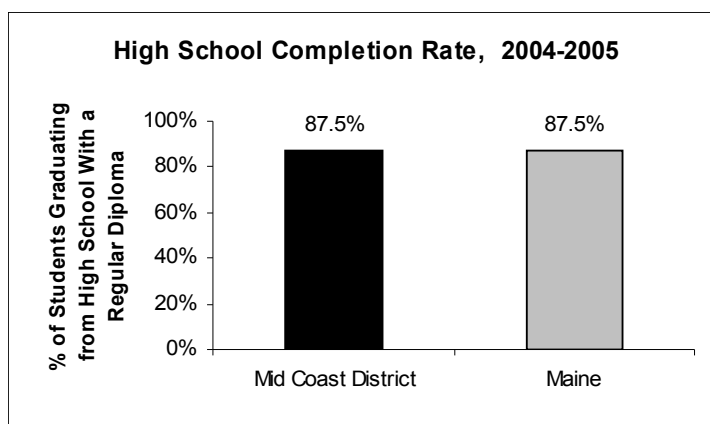
Socio-Economic Status

Socio-economic status (SES), as measured by factors such as income and educational attainment, is highly related to health status. Numerous health disparities are linked to inequalities in SES.

Mechanisms by which SES contributes to health status include barriers to access of quality health care and prevention, environmental and behavioral factors, and generally high levels of stress. Data on educational attainment and income status, as presented below, are obtained through the Maine Department of Education and the U.S. Census.



Source: 2000 Census; % of population 25 and older with < high school education

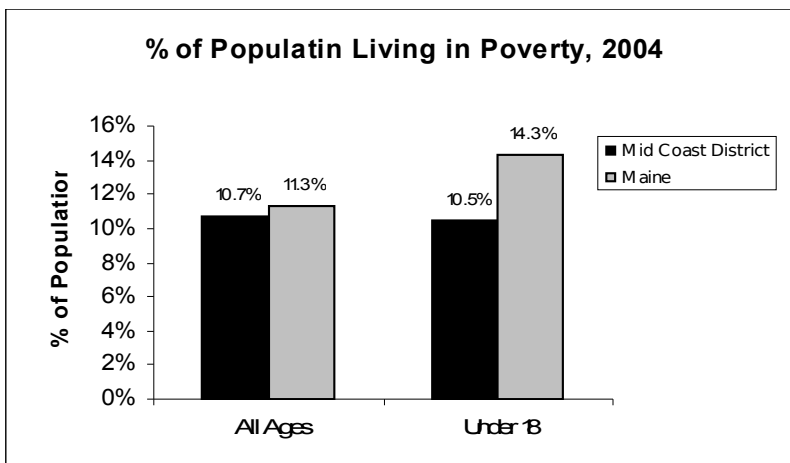


Source: 2004-2005 Maine Department of Education

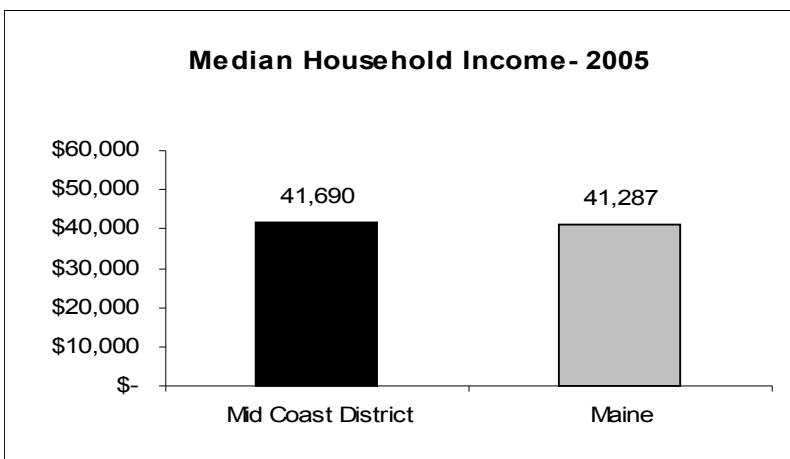
	Midcoast District Number	Midcoast District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Lifetime Educational Attainment Less Than High School ¹	13,139	13.0 (±0.2)	14.6 (±0.1)
High School Completion ²	1,509	87.5 (±4.4)	87.5 (±1.5)

1. Source: 2000 Census; Less than high school education among those 25 years and older,

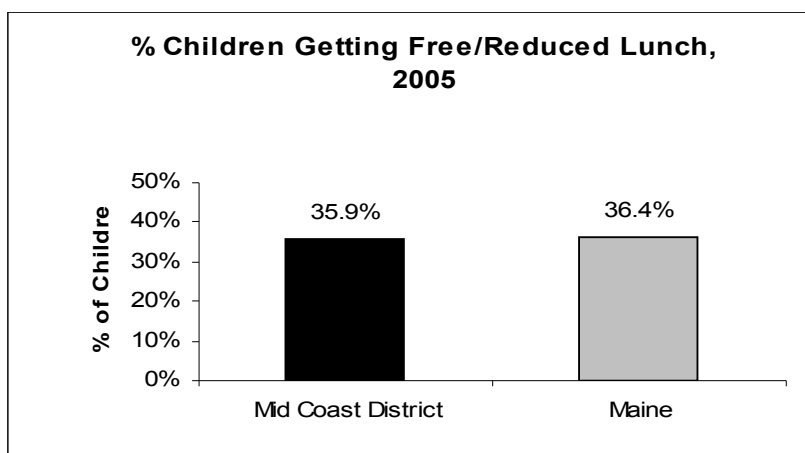
2. Source: Maine Department of Education; 2004-2005; percent of students graduating from high school with a regular diploma; based on county location of school



Source: 2004 Poverty Estimates; U.S. Census Small Areas Estimates Branch



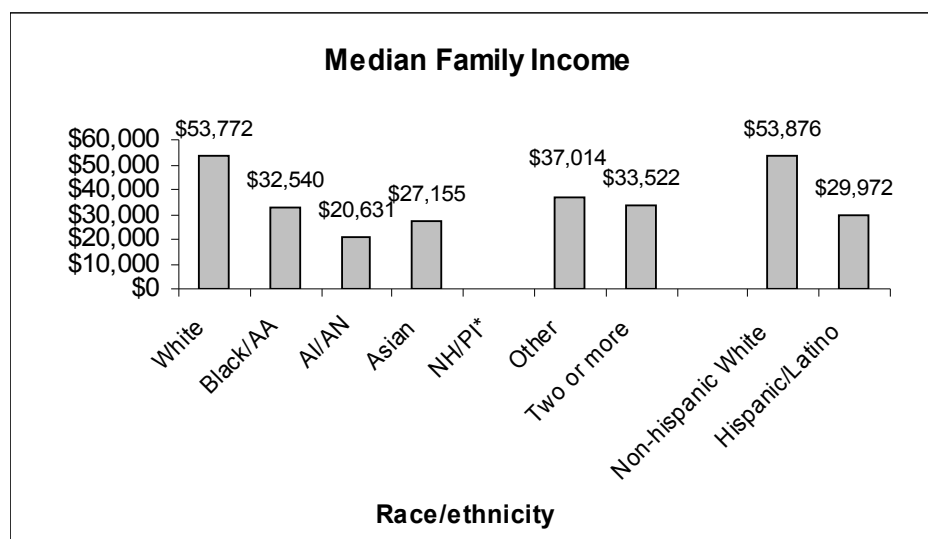
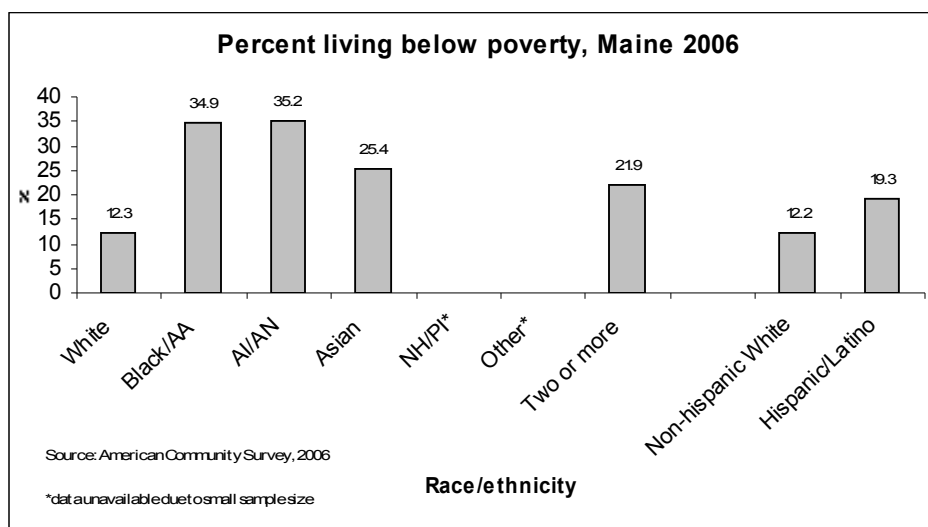
Source: 2004 Median Income Estimates; U.S. Census Small Areas Estimates Branch



Source: Maine Department of Education: 2005 data

	Midcoast District Number	Midcoast District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Poverty, All Ages ¹	16,142	10.7 (±0.2)	11.3 (±0.1)
Poverty, Under 18 ¹	3,263	10.5 (±0.3)	14.3 (±0.1)
Median Household Income ¹	\$41,690	N/A	\$41,287
Children On Free/Reduced Lunch Program ²	7,471	35.9 (±0.8)	36.4 (±0.3)

1. Source: 2004 Poverty Estimates; U.S. Census Small Areas Estimates Branch
2. Source: Maine Department of Education: 2005 data

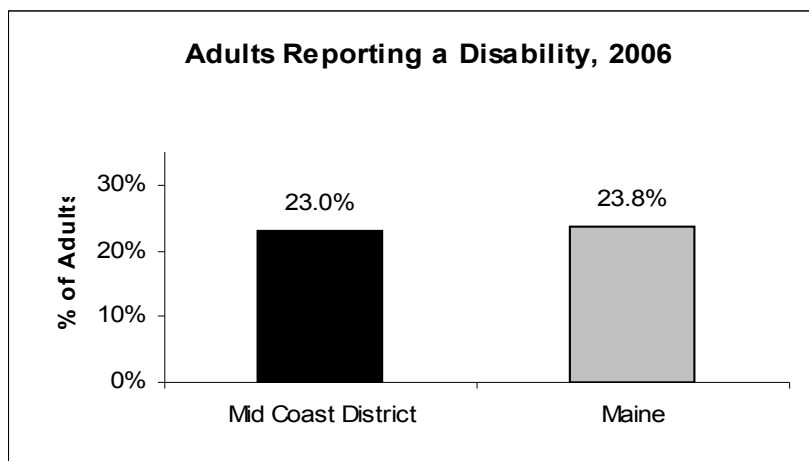


Disability

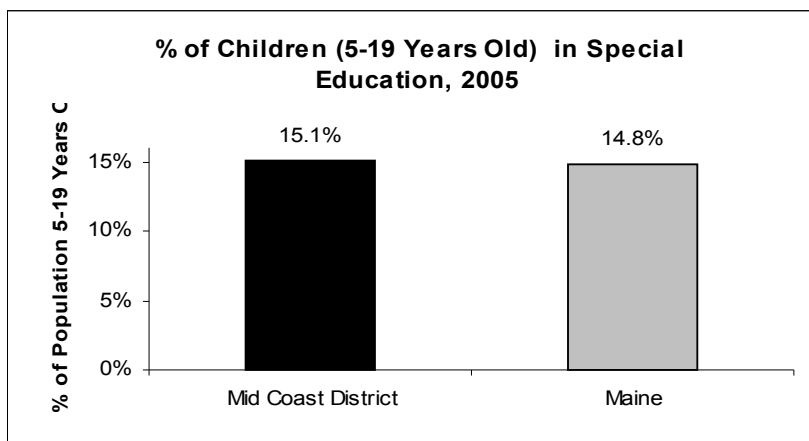
Having a disability is associated with higher rates of poverty, unemployment, physical inactivity, obesity, pain, sleeplessness, depression and anxiety. Many people with disabilities have inadequate medical access and care, and experience social isolation.

Defining disability is difficult. In this document, we have defined an adult with disabilities as someone who has an activity limitation or a health problem requiring special equipment. For children, we present information on children in special education as a proxy for disability status.

For more information about adults with disability in Maine, contact the Office of Adults with Cognitive and Physical Disability Services www.maine.gov/dhhs/OACPDS/DS/. For information about children, please contact the Children with Special Health Needs program at the Maine Center for Disease Control and Prevention: www.maine.gov/dhhs/boh/cshn/.



Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.



Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education

	Midcoast District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Adults Who Report Having a Disability ¹	23.0 (±3.3)	23.8 (±1.6)
Children (5-19 Years Old) Who Are in Special Education ²	15.1 (±0.5)	14.8 (±0.2)

1. Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.
2. Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education; Based on county of residence of child